

# DECEMBER 2022 MONTHLY HBOT WEBINAR

## Patient Education and Compliance

PRESENTED BY THE ACMH  
PROGRAM



[www.serenagroupinc.com](http://www.serenagroupinc.com)



All patients receiving a hyperbaric consultation as well as those visiting the advanced wound care center for the first time should be evaluated based on their educational need and ability to learn.

The following metrics should be assessed:

- Educational level
- Motivational level
- Knowledge level of required medication
- Knowledge level of diagnosis
- Knowledge level of treatment plan



Additionally, it is important to take note of any barriers to patient comprehension and/or factors that could potentially reduce patient compliance.

If present, the following should be noted:

- Language barrier
- Cultural barrier
- Emotional barrier
- Physical barrier
- Reading/comprehension barrier
- Sensory barrier
- Altered mental status
- Social or financial concerns



All education performed should be dated and documented in the patient's medical record as follows:

- Patient's preferred learning style
- Patient's level of support system for learning
- Patient's educational goal for attending the center
- Attendees present during patient visit



# Family Education

- The patient's family and/or caregiver should be provided with appropriate education and training materials to increase their knowledge of the patient's illness and treatment needs as well as teach them skills and behaviors that promote healing and improve function in the patient.
- The education and training should be specific to assessed needs and abilities of the patient and should also be commensurate with the anticipated length of the treatment.
- Encourage a family member or caregiver to attend hyperbaric consults to maximize educational retention.



# Education for Hyperbaric Patients

- HBOT offers the unique opportunity to provide patients with continuous daily educational reinforcement.
- The efficacy of hyperbaric, offloading, diabetes management, wound dressings, debridement, negative pressure wound therapy, etc. are all topics that should be frequently discussed with patients during their time in treatment.
- By taking advantage of this time to educate, compliance can be improved significantly as the patient begins to develop a genuine understanding of the 'how' and 'why' of their wound healing journey.
- The SerenaGroup® Education Committee has a variety of useful resources on patient education that can be found on the member's portal at [www.serenagroupinc.com](http://www.serenagroupinc.com)



QUINZ

# Question 1

- What do we hope to improve upon by providing quality patient education?
  - A. Better Outcomes
  - B. Faster Healing
  - C. Healthier Understanding
  - D. Compliance
  - E. All of the above





# Answer 1

- E. All of the above

## Question 2

- If I have a need for an educational handout and I can't find anything helpful on the member's portal, what should I do?



# Answer 2

- Contact any member of the education committee!!!
  - Ally George
    - 609-202-6152
    - [ageorge@serenagroups.com](mailto:ageorge@serenagroups.com)
  - Meghan Weaver
    - [mweaver@serenagroups.com](mailto:mweaver@serenagroups.com)
  - Kim Skerl
    - [kskerl@serenagroups.com](mailto:kskerl@serenagroups.com)



# Question 3

- List 3 barriers to patient comprehension:

# Answer 3

- Language barrier
- Cultural barrier
- Emotional barrier
- Physical barrier
- Reading/comprehension barrier
- Sensory barrier

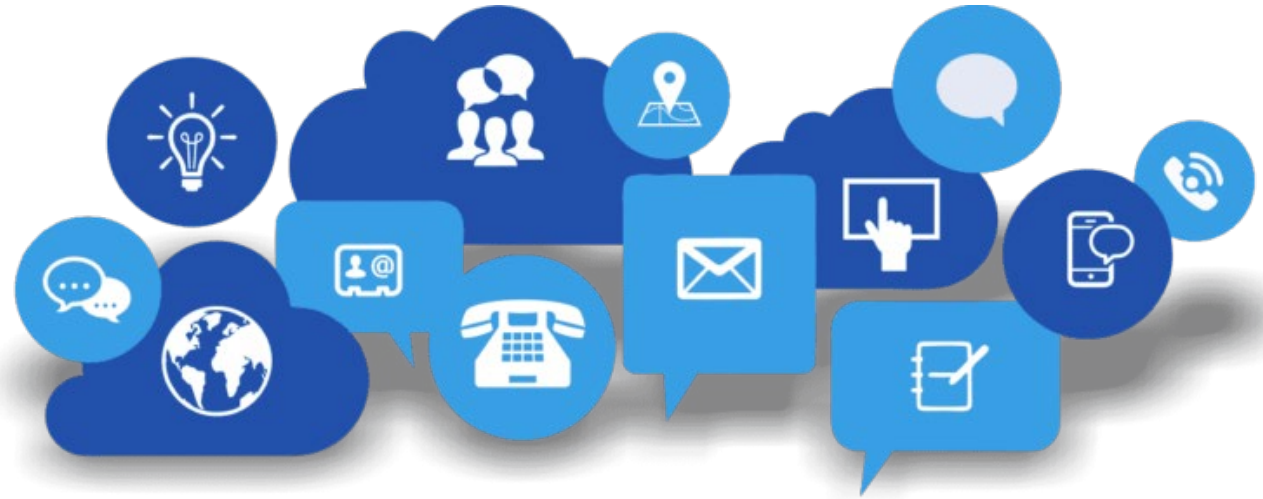
# SerenaGroup HBOT Contact Information

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SerenaGroup Education Committee

- Ally George
  - P. 609-202-6152
- Kim Skerl
- Meghan Weaver



# SerenaGroup Upcoming HBOT Educational Courses

- Intro to Hyperbaric Medicine
  - Monroeville, PA
  - January 19-22, 2023
- Intro to Hyperbaric Medicine
  - West Palm Beach, FL
  - March 23-26, 2023
- Intro to Hyperbaric Medicine
  - West Palm Beach, FL
  - August 17-20, 2023
- Intro to Hyperbaric Medicine
  - West Palm Beach, FL
  - November 9-12, 2023



# 2023 Hyperbaric Safety Webinar

3<sup>rd</sup> Tuesday of every month?

12 pm est?







# Round Table Discussion